

## Sport Introductory - KS4

### Overview

The following curriculum has been designed to support students who are studying the BTEC Level 1 Introductory Award or Certificate in Sport. This curriculum has been designed in line with the program specification.

The Pearson BTEC Level 1 Introductory qualifications give learners the opportunity to acquire and develop generic, transferable and sector-specific skills in order to complete tasks and demonstrate a level of achievement that enables them to progress to further learning.

### BTEC Level 1 Introductory Award (70 GLH)

Designed for learners wishing to gain an introduction to a chosen vocation area. The Award offers the opportunity for learners to study a sector unit and plan for their next steps by completing the mandatory unit: Developing a Personal Progression Plan.

### BTEC Level 1 Introductory Certificate (180 GLH)

Designed for learners who may be ready to progress quickly to further study, the Certificate offers a basic introduction to the sport sector. It could form part of a study programme which leads to other vocational qualifications such as Sports Leadership.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Core units</b>	<b>A1:</b> Being Organised.	<b>A1:</b> Being Organised.	<b>A1:</b> Being Organised. <i>Until 12th Jan 24</i>  <b>A2:</b> Developing a Personal	<b>A2:</b> Developing a Personal Progression Plan.	<b>A2:</b> Developing a Personal Progression Plan.  <i>Until 24th May 24</i>	

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
			Progression Plan.			
Students will have approximately 16 weeks to complete each core unit.						
<b>Sector units</b>	<b>SP5</b> – How Exercise Affects the Body	<b>SP5</b> – How Exercise Affects the Body <i>Until 24th Nov 23</i>	<b>SP7:</b> Playing Sport	<b>SP7:</b> Playing Sport <i>Until 1st March 24</i> <b>SP12</b> – Keeping Active and Healthy	<b>SP12:</b> Keeping Active and Healthy	<b>SP12:</b> Keeping Active and Healthy <i>Until 7th June 24</i>
Students will have approximately 11 weeks to complete each sector unit.						